

# InfiniSynechis Volume 4, Issue 6, June 2024

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Fearless Hearts Foundation  
[www.fearlessheartsfoundation.org](http://www.fearlessheartsfoundation.org)

*Welcome to the 6th issue, Volume 4, of **InfiniSynechis**, a publication of Fearless Hearts Foundation*

## Foundation News & Updates

*All Foundation News and Updates can be found on the foundation website*

## Conscious Living

**Sunrise, Sunset, The Seasons of Our Lives**

Life, in its vastness, cannot be fully fathomed. At best, we can get a glimpse of it through our own experience and the experience is uniquely individual.

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## **The constants**

Long after we're gone, the sun will still shine and set, the earth will still revolve around the sun, and seasons will continue to go on rhythmically as it has done before.

## **The Ephemeral**

How old is the earth? No one really knows. At best the scientists studying it (for the last 400 years) have come up with an estimate of 4.54 billion years + or - 50 Million years).

It means that man is merely a traveler on this planet.

Everyone's bodily existence is finite.

There are many resources on world history depending on who is reporting. The one thing common in all of them is that empires rise, flourish and then fall and are replaced by another yet man survives.

In the general classification things (living and nonliving things)<sup>[1]</sup> man belongs to the living things,

along with other forms of life.

What differentiates man from other living things is that man has consciousness.

Consciousness has been deeply explored in the Buddhist religion but in the popular sense it is the avenue by which man perceives and communicates with his environment.

### **The rise of civilisation**

The four ancient urban civilizations are those of Egypt, Mesopotamia, India and China.

Between 6000 and 1750 BCE (Before Christ Era) the earliest civilization was that of the Sumerians <sup>[2]</sup>.

Although we only know the recorded history of religion from the written records, there is evidence that religion has been a part of man's existence, based on archeological findings, <sup>[3]</sup>

This alludes to man's search for meaning even several thousand years ago.

Vitor Frankl's (26 March 1905 – 2 September 1997) <sup>[4]</sup> book “Man’s Search for Meaning” published in 1946 continues to be a popular book and is considered a very influential book in the US.

It is his contention that man survives because he searches for meaning and continues to search for meaning.

It is man’s consciousness that separates him from other living things and propels him to search for meaning.

Philosophers have tried to answer this question for ages.

Along with the industrial revolution which improved the lives of people tremendously and increased wealth among nations, there also arose the ambition to be better, wealthier, more powerful than “others”.

And so begins the competition for “more”, both individually and as nations.

## **The origin of desire**

We are trying to fill a hole within ourselves with things outside of ourselves because we have forgotten who we are.

We look outside but the real answer can only come from within.

Years and years of conditioning and programming has ingrained in us the need to be “successful”.

In this scenario, only temporary satisfaction is possible. When the novelty of acquiring what we thought would make us happy wears off, another desire has already arrived.

Thus desire is a loop, the objective being a carrot held to the nose of a horse far enough that he will keep on pulling the cart.

Desire keeps us in the race.

## **A different way of looking at Life**

Let us rather be grateful that we were born humans because only as humans can we search for the truth of our being.

### References:

[1] Living vs. Nonliving

[https://lpb.pbslearningmedia.org/resource/tdc02.sci.life.colt.lp\\_living/living-vs-nonliving/](https://lpb.pbslearningmedia.org/resource/tdc02.sci.life.colt.lp_living/living-vs-nonliving/)

[2] Sumerians

<https://www.worldhistory.org/Sumerians/>

[3] Timeline of religion

[https://en.wikipedia.org/wiki/Timeline\\_of\\_religion](https://en.wikipedia.org/wiki/Timeline_of_religion)

[4] Viktor Frankl Austrian psychologist

<https://www.britannica.com/biography/Viktor-Frankl>

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## **Philanthropy**

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### Philanthropy

Jack Patrick Dorsey is co-founder of X (formerly Twitter) and Block Inc (formerly Square, Inc).

He has donated to various causes such as environment, education, universal basic income and anti racism.

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## **Business Insights\***

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We have created a dot com website dedicated to uplifting the human spirit, as well as educational materials related to business.  
<https://fearlessheartsfoundation.com>

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*Fundamentals of Being in Business*  
*Follow up and follow through*

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*Business Ideas: Adjusting to the Current Business Climate*

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*Commentary*

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## **Fundraising Announcement**

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*Fearless Hearts Foundation is a public charity and welcomes any donation. To donate click on the web link below*

<https://fearlessheartsfoundation.org/donate>

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## **Feedback**

*We welcome your feedback on this newsletter and if there are topics regarding conscious living, business insights or philanthropy that you would like to write about you are welcome to send it to us for a review. Please send your comments/feedback to us at [fhfinusa@gmail.com](mailto:fhfinusa@gmail.com)*

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